



Woodinville Fire and Life Safety District
COMMUNITY EMERGENCY RESPONSE TEAM
(CERT TRAINING)



CERT Community Emergency Response Team is a comprehensive all-hazard preparedness program and is available to you from the Woodinville Fire & Life Safety District for a fee of \$15.00 for the student manual.

Training classes are held at our Headquarters station in downtown Woodinville. Classes are approximately 3 hours per session, and are held in the evening once a week for seven weeks. To register call 425-483-2131 and speak with either Linda Lane or our Public Educator David Leggett.

COURSE OVERVIEW and AGENDA

- ◆ **SESSION 1**
 - ♥ **Disaster Preparedness**
 - Introductions
 - Introduction to disasters
 - Impact of disasters on infrastructures
 - Hazards posed by building structures and non-structural items
 - The role of CERT in disaster response
- ◆ **SESSION 2**
 - ♥ **Disaster Fire Suppression**
 - Fire chemistry
 - Identifying & reducing potential fire hazards
 - Basic fire suppression strategy
 - Firefighting techniques
- ◆ **SESSION 3**
 - ♥ **Disaster Medical Operations-Part 1**
 - Treatment strategies for life threatening conditions
 - Principles of triage
- ◆ **SESSION 4**
 - ♥ **Disaster Medical Operations-Part 2**
 - Head-to-toe patient assessments
 - Establishing treatment areas
 - Treatments for burns, lacerations, fractures
- ◆ **SESSION 5**
 - ♥ **Light Search and Rescue Operations**
 - Search and rescue priorities and resources
 - Techniques for situation size-up
 - Lifting, cribbing, and victim removal
 - Rescuer safety, including recognizing:
 1. Rescuer limitations
 2. Construction-related hazards
- ◆ **SESSION 6**
 - ♥ **Disaster Psychology and Team Organization**
 - The post-disaster emotional environment
 - CERT organization
 - CERT decision making and documentation
- ◆ **SESSION 7**
 - ♥ **Course Review and Disaster Simulation**
 - Review of course
 - Final examination
 - Disaster simulation
 - Critique and certificates
 - Final thoughts and comments

"Take the time to give back to your community, in a time of need. The training is free and beneficial to you, your family, your home, and the communities safety."

Gina M. Law - Bothell, WA / CERT Team member

For more information, see the WFLSD CERT Web site at: <http://cert.wflsd.org>